

# NURSE CHECKLIST

Depending on where you work as a nurse, most supplies will be provided for you to perform your job. This is a list of essential professional and personal items you always keep in your nurse bag.

## + ESSENTIAL NURSING ITEMS

- Stethoscope
- Badge
- Reference Book
- Post-Its or Notebook
- Retractable Pens
- Scissors & Medical Tape
- Saline Flushes
- Thermometer
- Tongue Depressor
- Tourniquet
- BP Apparatus
- Alcohol Wipes
- Watch
- OTC Pharmacy Meds

## + ESSENTIAL PERSONAL ITEMS

- Hand Lotion & Sanitizer
- ID
- Eye Drops
- Hair Ties & Clips
- Deodorant
- Nail File
- Meals & Snacks
- Water Bottle
- Phone Charger
- Chapstick