



# NCLEX PREP GUIDE

## 2-3 MONTHS



- Create a study schedule.
- Get familiar with the exam content and format.
- Implement your study schedule and start reviewing.
- Answer practice questions so you become familiar with the NCLEX questions style.

- Focus on topics you feel are your weakest.
- Study with a partner or group.
- Take a practice test.
- Make sure to schedule time to eat and sleep. Make time for exercise and socialization. You don't want to burn out on studying.

## 4-6 WEEKS



## 1 WEEK



- Take a review test to compare your progress.
- Take notes of key ideas and topics.
- Eat and sleep well, make time for regular activities outside of studying.

- Go to the test site and see where you will park.
- Enjoy a relaxing activity.
- Get plenty of rest and eat well.
- Take your mind off of the test.
- Get last-minute words of encouragement from friends and family.

## 1 DAY



## TEST DAY



- Wake up early.
- Wear comfortable clothes with layers to adjust to the test room temperature.
- Arrive at the test site early with all required paperwork.
- Listen carefully to instructions.